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# BEACH

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## > Job 6:2-3 <

"If only my anguish could be weighed and all my misery be placed on the scales! It would surely outweigh the sand of the seas—no wonder my words have been impetuous.

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I love the beach. I bet you do too. The breeze, the ocean and all of the billions of grains of sand that sift through your toes as you walk barefoot beside the water. The beach is usually a happy place, a place for vacations, youth trips, and getaways of all sorts. For a guy named Job it reminded him of something far more depressing.

Job had a good life, family, friends, wealth, possessions, and power. Then in a blink of an eye, it was all gone. At one point in chapter 6 he says that if all of his troubles were put on a scale, they would weigh more than all of the sand in the sea. Wow. That is an incredible statement. I bet you have felt like that at some points in your life. I know I have.

I actually found this verse just after my parents divorced, my mom left, I broke my leg, had ankle surgery, had a lung collapse, and watched my girlfriend break up with me! That all happened in just a few months. Needless to say, I was feeling a little Job-like. The amazing thing about the Book of Job is not that all of the bad things happened to him, but that through all of that he remained faithful to God. Through it all he did not blame God, he simply tried to draw closer to him and hold on tightly in the storm. So if you're feeling buried, and like your pain and pressure are weighing down on you in colossal proportions, take heart, lean into God, and know that you're not alone.

### **Go and Do**

One of the best ways to process difficult times is to write out what you're feeling in a journal or note-taking app. Today, take some time and begin a journal. It could be an everyday journal or simply a journal that you use when you're in high and low points in your life. Use these journal entries as prayers and letters to God.

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