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# BREAD

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## > *Matthew 26:26* <

While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, "Take and eat: this is my body."

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Most Christians will agree with each other that God is everywhere, though I'm not sure we really think about the amazing consequences of that belief. When we think this it's not that we believe that God is just in churchy, holy-feeling things, but that we're also saying He is also in the most mundane and normal things as well. Throughout Jesus' entire ministry we see Him going around taking the most simple and common things and people and helping us see God through them. Simple things like fishermen, seeds, birds, and of course, one of the most common elements of the first century life, bread.

When we look at all of these stories we cannot help but think that Jesus wants us to always be looking for God through the normal things in our lives. It might not be fishermen and seeds for us today, but God's Word continues to teach us about who God is and how we should live. It might be a sunset, a tree or a bench in a park, but God is still telling His story today through these simple and common things.

When we are aware of this we get to open our eyes, walk, and think about it a totally different way. We get to go through our days looking for God everywhere, learning, being inspired, and ultimately following Jesus more closely because everywhere we look we are reminded that God is with us.

### **Go and Do**

God is always teaching us something about His Kingdom through our everyday lives. Today, look for one thing in the world around you that reminds you of God in some way. Take a picture of it on your phone and make it your screen saver. Let it remind you that God is always looking to draw us closer to Him.

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