
CUP



> *Matthew 10:42* <

And if anyone gives even a cup of cold water to one of these little ones because he is my disciple. I tell you the truth, he will certainly not lose his reward.

A cup of water isn't a big deal, right? It's just a small container, usually 6-12 ounces, full of the most abundant resource on the planet: water. But, when you think about it as a person of faith, you'll see that it means so much more. When you think about it normally, it's nothing more than giving someone something that will give him or her temporary relief from thirst. When you think about it as a person of faith, it's a gesture that you're recognizing his or her humanity. You're showing that you care enough to stop and help.

While it's simple it's also profound. It's profound because it's so much more than a simple cup. When you do this you open up a world of possibilities. Possibilities to get to know people and their story. Possibilities to find out how they can come into relationship with you, and you with them. When you give a person something he or she needs, it also tells him or her that someone cares and that he or she matters. So many people in our world live life every day without their basic needs being met, and they suffer needlessly. By giving, you not only make it one less person who suffers needlessly, you also become a part of the solution to those problems.

It doesn't just have to be a cup of water. It can also be a hug, friendly smile, a handshake, dinner, a blanket on a cold night, a meaningful conversation, a listening ear, or any number of other things. So what simple thing will you do today to change someone's life for the good?

Go and Do

Go and do something simple for someone today.
